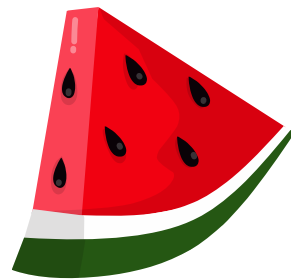
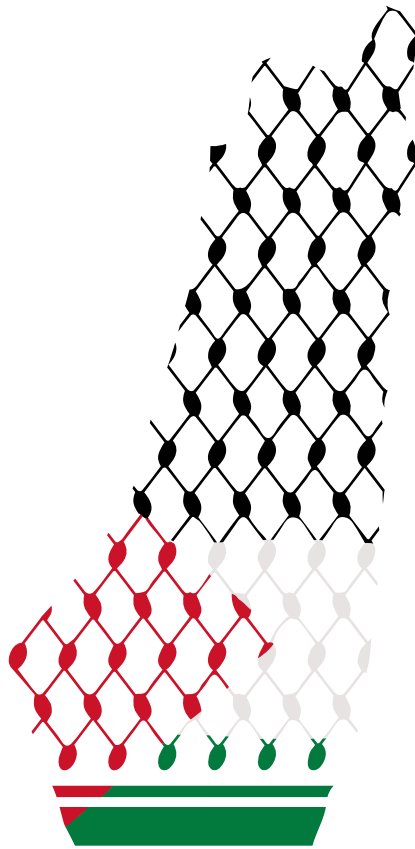
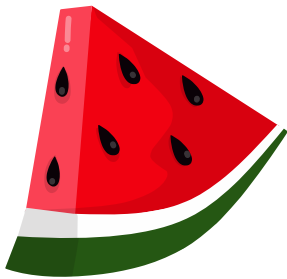
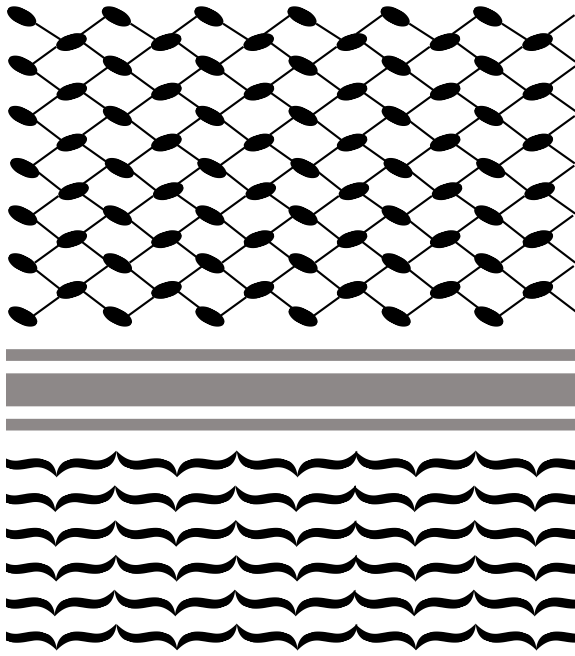


# My Palestine activity pack



Name: \_\_\_\_\_

# What do the patterns in the keffiyeh represent?



This is a fishnet. It represents the connection between the Palestinian sailor and the Mediterranean Sea.

These bold lines represent the trade routes going through Palestine.

These are the leaves of olive trees. They represent strength and resilience.

Have a go at drawing your own keffiyeh.

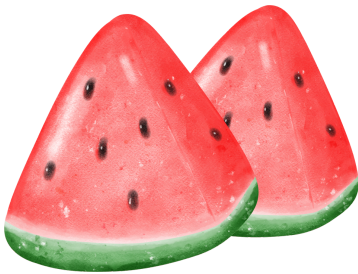


# Why do we keep seeing the watermelon?



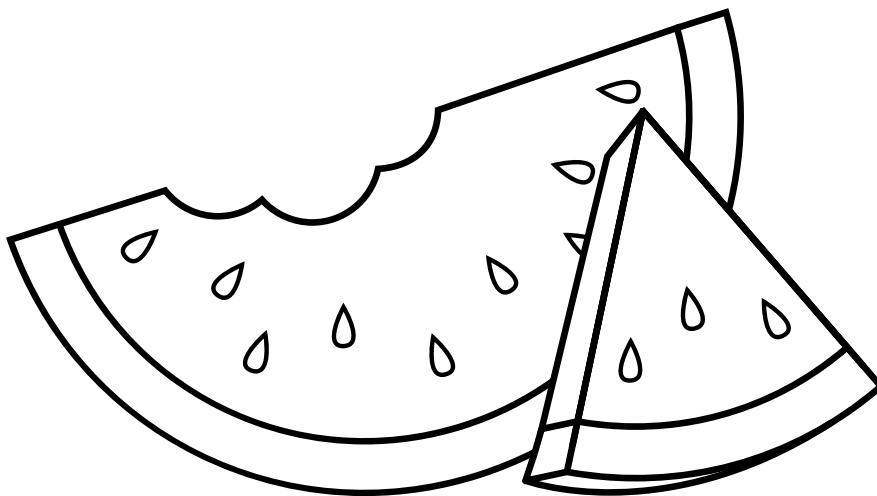
Did you know?

The Israeli's banned the Palestinians from using the Palestinian flag in their own country, for 30 years!



So the Palestinians decided they would use the watermelon to represent their flag since it had the same colours.

Colour the watermelon to represent the Palestinian flag.

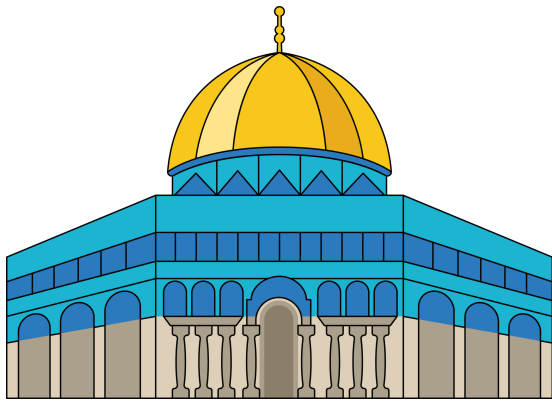


# Why is Palestine sacred to muslims?

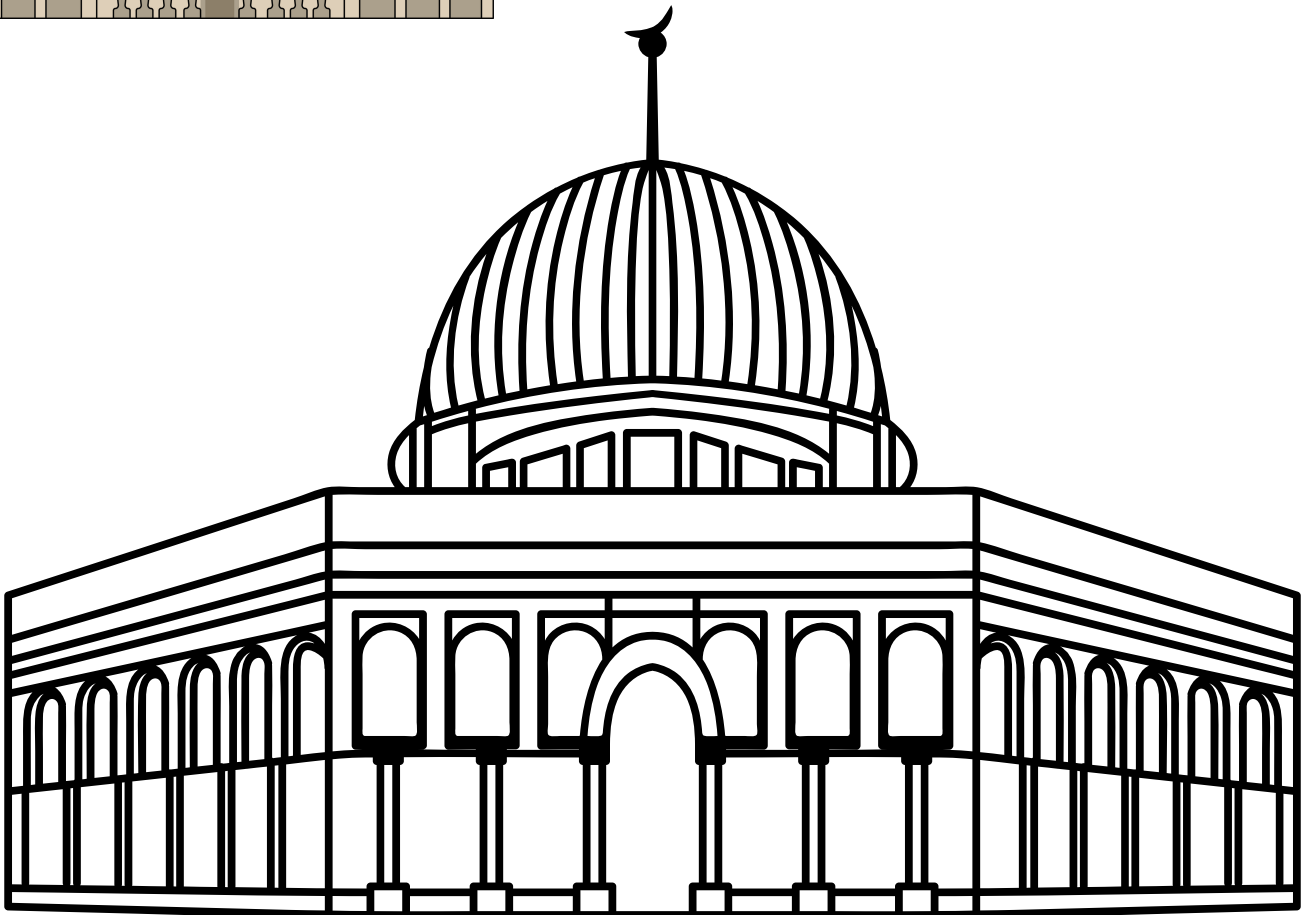
Palestine is home to masjid Al-Aqsa which is one of the 3 most sacred mosques in the world!

One prayer in masjid Al-Aqsa is worth 500 times more than anywhere else! (Apart from masjid Al-Haram and masjid-e Nabawi).

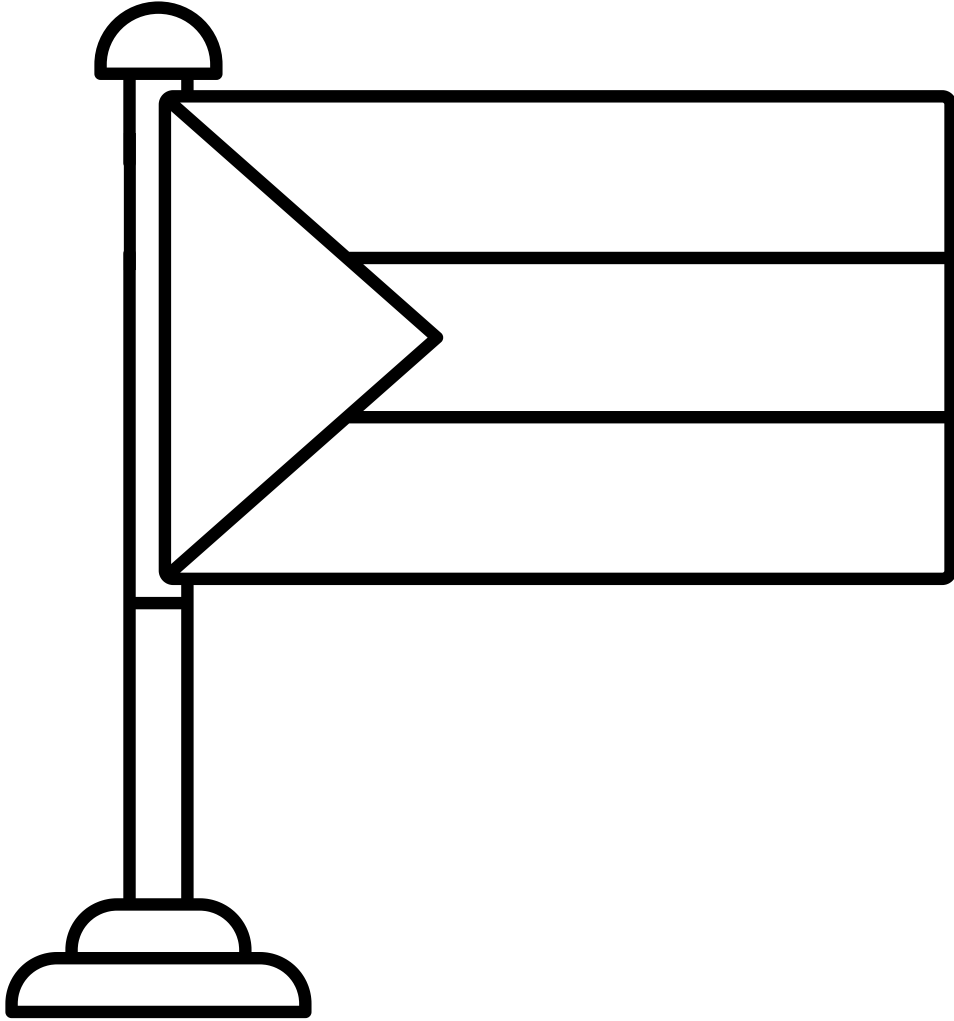
It is where the Prophet Muhammad (saw) went on Isra' wal Miraj - the night journey.



Copy the picture and colour your own masjid.



# Palestine



# فلسطين

# Daily Challenge

Make a dua  
for the  
Palestinians

Thank God for  
everything you  
have.

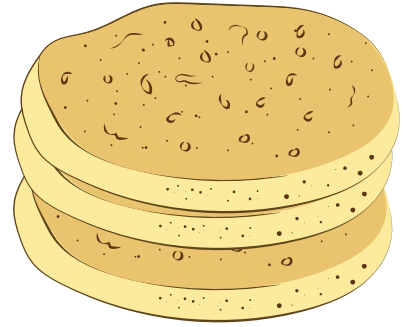
Give some  
money in  
charity

Talk about how  
you feel when  
hearing about  
Palestine

Give your  
family  
extra hugs

Read about  
the Palestinian  
history

# Have you ever made Palestinian food?



Let's make Taboon.

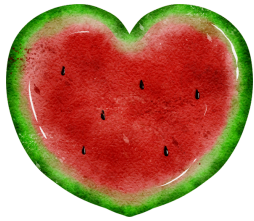
## Ingredients:

- 260g (2 cups) All purpose flour
- 65g (1/2 cup) Whole wheat flour (more for dusting)
- 1 Tablespoon dry yeast
- 1/2 Teaspoon salt
- 1/2 to 3/4 cup warm water to make it a sticky dough

## Instructions

- In a large bowl or your mixer bowl, add the first 5 ingredients and mix well.
- Start adding water little by little until a sticky dough forms that does not come off the bowl easily.
- Cover and let it rise for almost 1 hour.
- Preheat oven to the max (mine was 550F)
- Place baking pebbles on a baking sheet and let it preheat in the middle section of your oven.
- Dust a clean working surface with whole wheat flour.
- Turn the dough into the surface and divide into 6 equal balls.
- Take one ball and cover the rest with a plastic wrap.
- Roll the ball into a 6 inch circle.
- Take out the baking sheet from oven and carefully place the rolled dough on the pebbles.
- Bake for about 2 minutes then turn the broiler on for about 1 1/2 minute.
- Take the bread out and cover with a clean kitchen towel to keep them soft.

Recipe from: [amiraspantry.com](http://amiraspantry.com)



# PALESTINE

## WORD SEARCH

M	U	Y	K	H	A	B	E	A	U	T	I	F	U	L
I	W	P	T	E	I	Y	M	A	R	T	Y	R	G	I
R	P	R	I	S	O	N	J	T	F	A	Z	E	C	Q
A	O	C	C	U	P	A	T	I	O	N	K	S	E	A
J	F	X	E	U	D	S	W	C	Y	E	F	I	W	Q
O	A	P	H	G	A	Z	A	J	B	E	M	L	A	S
S	U	P	P	O	R	T	T	M	G	T	V	I	K	A
A	C	U	Y	F	L	D	E	B	K	S	I	E	E	N
C	B	I	X	G	J	F	R	E	E	A	Q	N	F	W
R	I	V	E	R	U	K	M	K	U	L	V	C	F	R
E	Y	A	W	T	A	I	E	T	G	A	N	E	I	A
D	D	F	A	H	Z	U	L	I	P	F	T	A	Y	N
M	U	V	S	W	U	I	O	P	O	L	M	X	E	B
P	A	L	E	S	T	I	N	E	B	Q	R	D	H	C

PALESTINE

MARTYR

SEA

WATERMELON

SACRED

AQSA

FREE

RESILIENCE

MIRAJ

DUA

KEFFIYEH

BEAUTIFUL

GAZA

SUPPORT

FALASTEEN

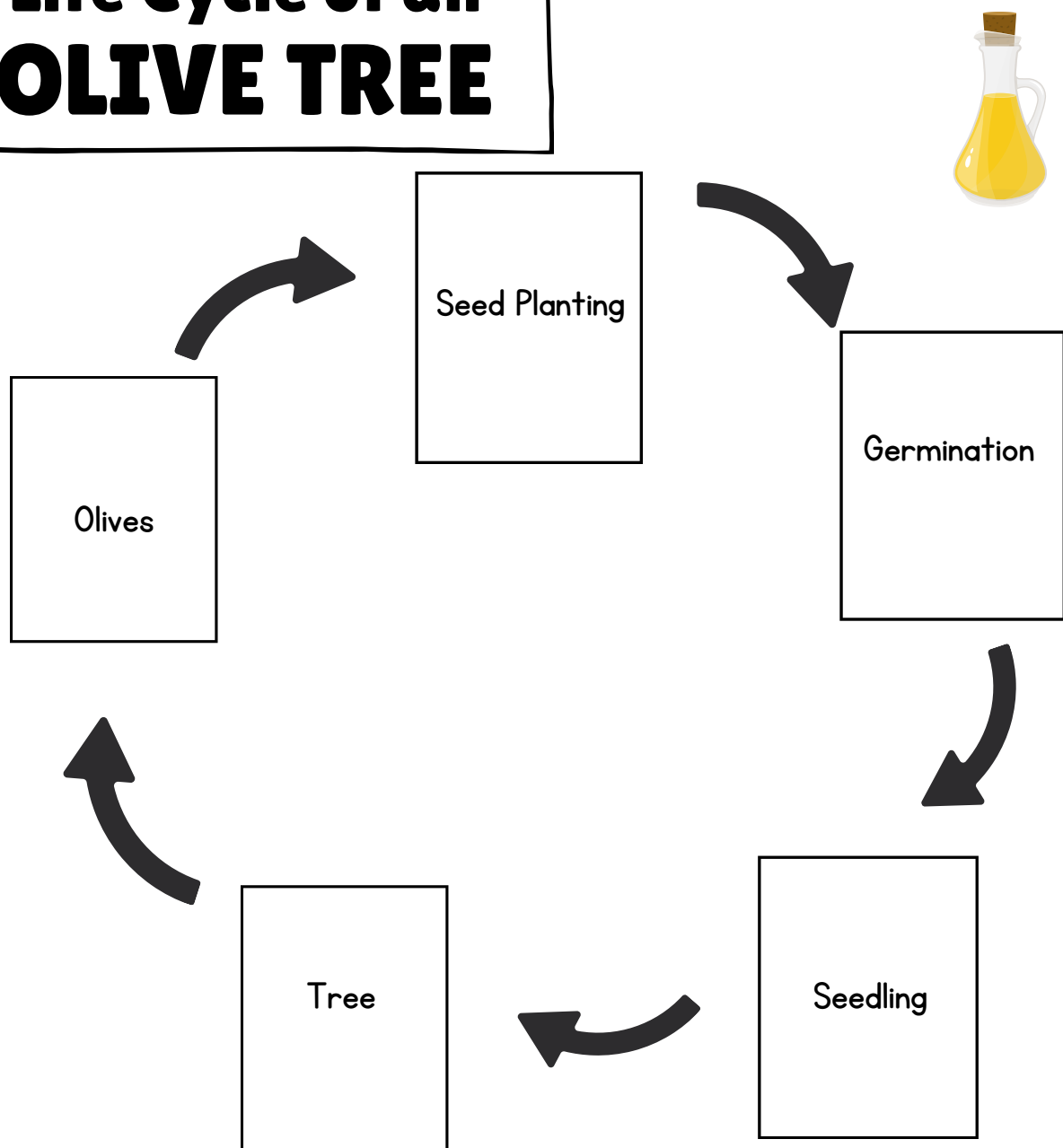
OCCUPATION

RIVER

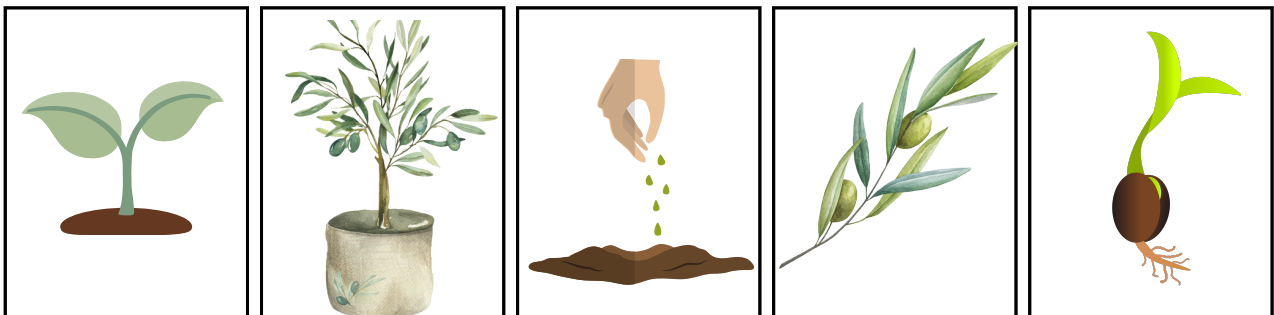
PRISON



# Life Cycle of an OLIVE TREE



Cut around the images and place in order on the lifecycle diagram above.

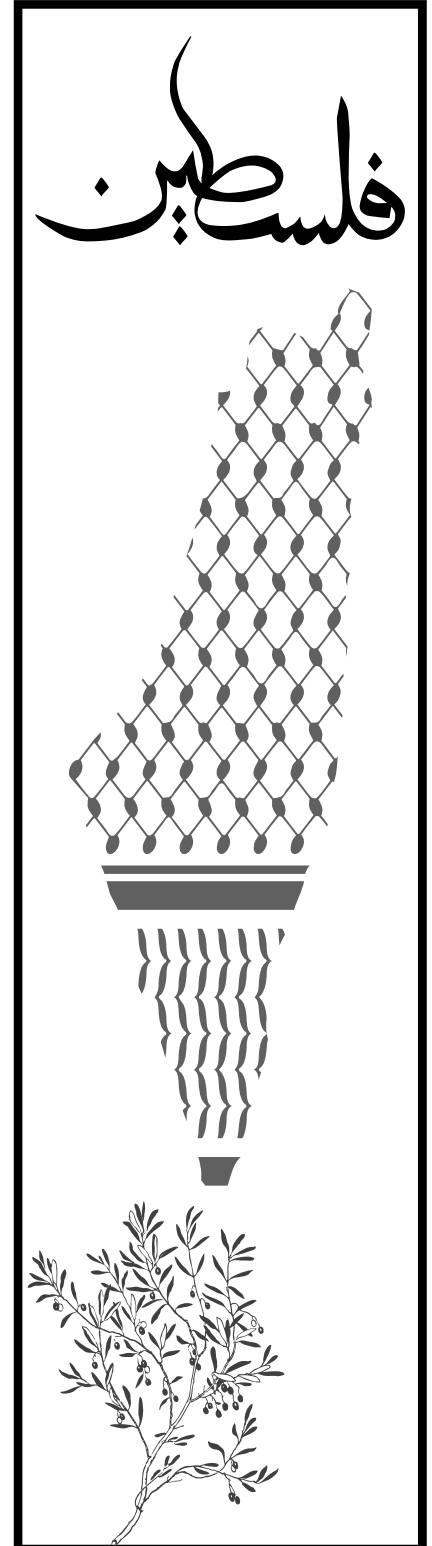
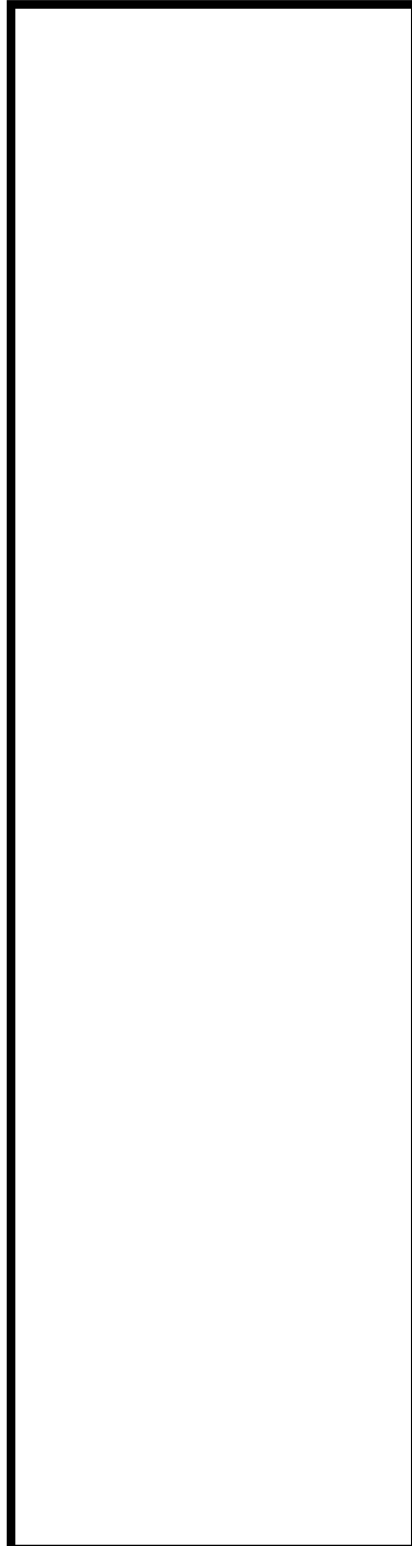




# Bookmark

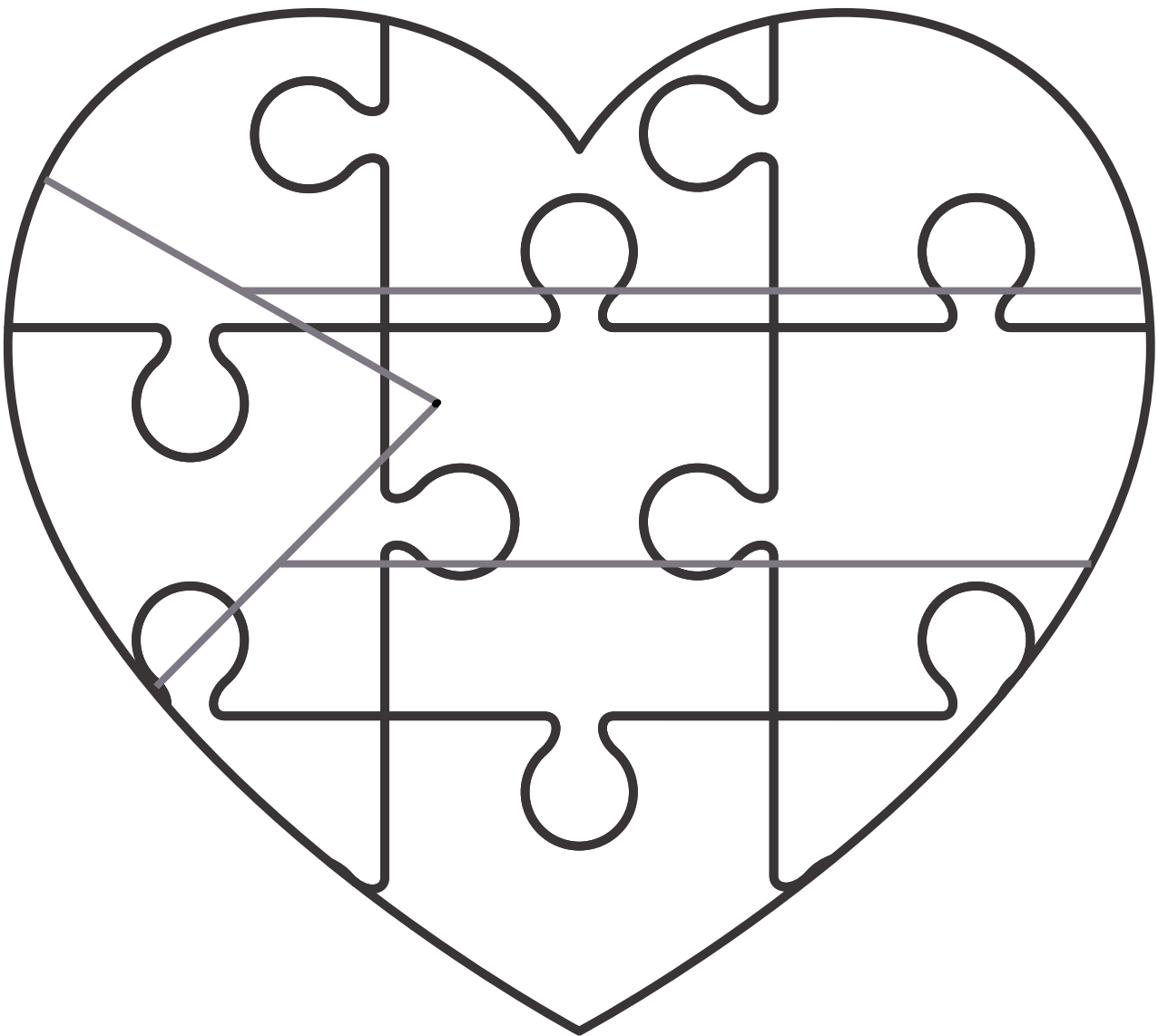
Colour in and cut your very own Palestine bookmarks.

The middle one has been left blank for you to design your own.



# Pieces of my heart

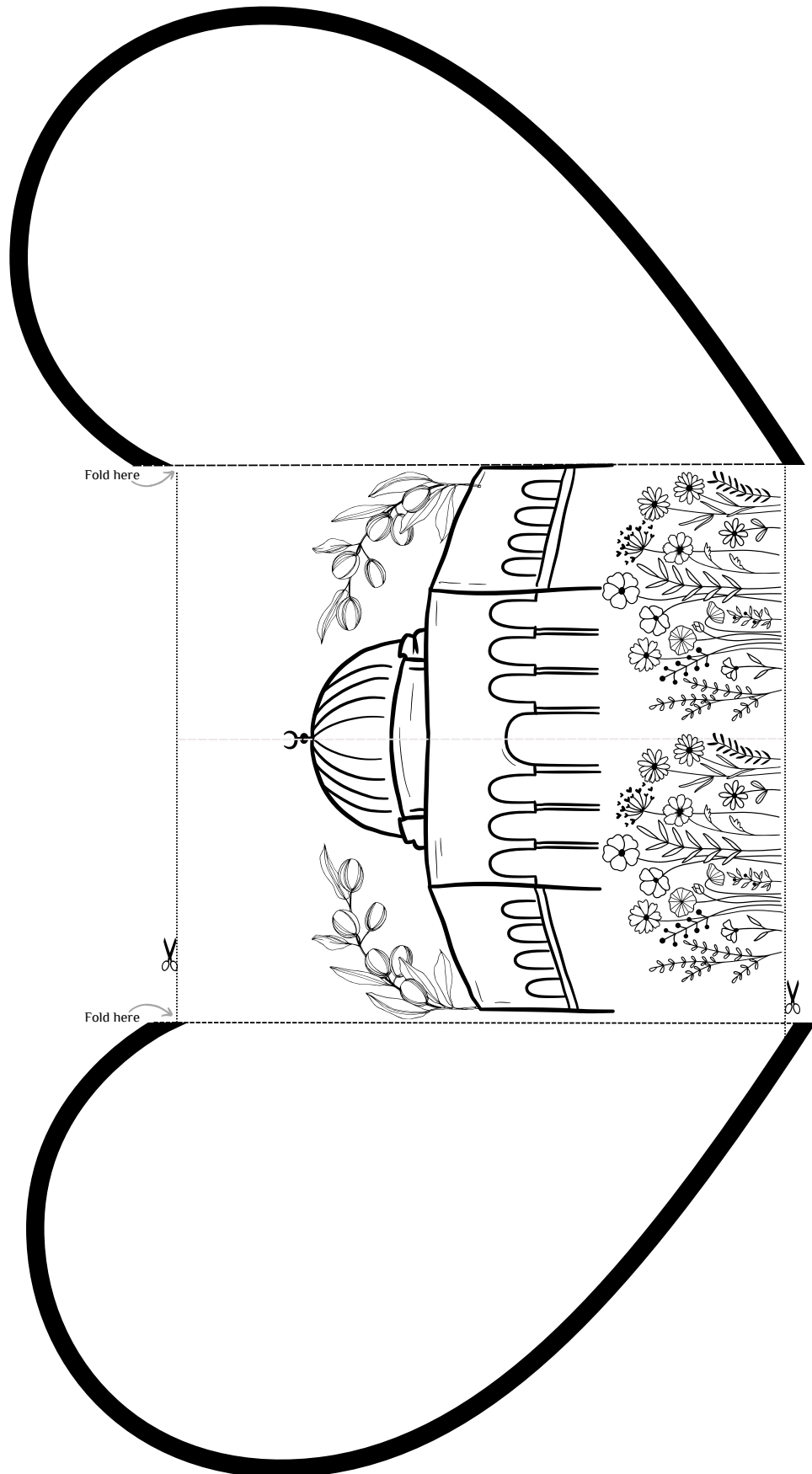
Colour in the Palestinian flag.  
Then cut out the jigsaw pieces.  
Make your own "pieces of my heart" jigsaw.



# Aqsa in our hearts

Colour in the picture. Cut along the dotted lines and fold along the dashed lines.

(Note: there is also one down the middle of the masjid)





فلسطين

